Mailing Address: Truro Rugby Club, 35 Highland Drive, Truro, Nova Scotia, B2N 1B8

Invitation

Registration for the 43st Annual Truro Indoor Sevens Tournament is open. The tournament will be held from March 13th, 14th, 15th, 2020 and will feature play in up to four divisions (Depending on registration):

- MEN'S Competitive DIVISION Skilled, competitive
- MEN'S Recreational DIVISION Less skilled, competitive/social
- WOMEN'S Competitive DIVISION Skilled, competitive
- WOMEN'S Recreational DIVISION Less skilled, competitive/social

Each team may include a maximum of eleven players. The entry fee of \$350.00 per team, \$300 for any subsequent teams (men's or women's) entered from the same club/school.

**Early Bird Special: \$300 for 1^{st} team and \$250 for additional teams that register by <u>February</u> 1^{st} , 2020.

Teams must meet the following criteria in order to be accepted:

- All players must use full legal names and date of birth to confirm identity.
- All entries must be acceptable to Rugby Nova Scotia, Rugby Canada, and The Truro Rugby Club.

The Tournament will begin on Friday March 13th, 2020. All teams will play <u>at least</u> one game on Friday. Competition will continue throughout the day on Saturday and Sunday with the Finals and Award Ceremony on Sunday afternoon. All teams will be guaranteed at least (2) games. **Any players on a team that forfeits a game may be disqualified from future tournaments**

The deadline for Entries is February 23, 2020. The draw will then be made and the first round of the competition will be posted on our website: http://sevens.trurorugbyclub.ca in order to give everyone time to make travel arrangements. The tournament fills up quickly and teams will be accepted on a first come, first served basis. There will be no exceptions or excuses. To ensure even levels of skill in the "Recreational" divisions, Truro Rugby Club reserves the right to move teams to the appropriate division.

Food and beverages will be available for purchase at the tournament canteen and the tournament lounge. Players and spectators are NOT permitted to bring alcoholic beverages into the building. Bags will be searched by professional security staff at all entrances, as required by our license and insurance policy. There is a "Wet" and "Dry" section, please remember to tell your players to bring the appropriate identification in order to enter the "wet" side of the Centre.

This unique tournament has proven to be an exciting and enjoyable event. It will again bring the Rugby Community together during the winter season. We look forward to another successful rugby weekend and hope that your team will join us.

CONTACT PERSON: BRUCE CASEY E-MAIL: truro7s@trurorugbyclub.ca
Revised October 2020

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ENTRY FORM

- Deadline for entries is February 23, 2020. Entries will be accepted on first come, first served basis as "soon as your cheque or money transfer clears our bank". The number of teams entered per club may have to be limited.
- 2. Entry fee of \$350.00 per team, and \$300 for subsequent teams entered from the same club, must accompany this form. (Note Earl Bird Special)* Please make cheque payable to "Truro Rugby Club" or email money transfer to truro7s@trurorugbyclub.ca
- 3. A "Team List" must be completed, signed and submitted with this page. The team list must include full legal name and birth dates

Name of Club/Team:				
Name of contact person:				
Position or title of contact person:				
Mailing Address:				
Postal Code:				
Telephone:				
Email Address:				
Number of teams entered: Men's Competitive	Men's Recreational			
Women's Competitive	Women's Recreational			
Name of team(s) to be used in the program*:	·			
* Team name guidelines: Must not be offensive, must	not be an Acronym. Please keep with the			
spirit of the tournament.				
Brief description of arrival plans and arrival time for so	cheduling purposes:			

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Team List

This form must be completed and returned with your entry form. All players must be listed and this form must be signed the *Club President* or some other *official organizer* for the team participating. If changes are made in the players participating in the tournament, a final team list must be submitted prior to their first match and once again this list must be signed by an *official* of the club.

All players registered must be in good standing Rugby Canada. The list and names and birth dates will be submitted to Rugby Canada

*Please use a separate for each team from the same club

Team:			_		
Division (circle one):	Men's A	Men's B	Women's A	Women's B	
Players: (Please Print or Type) Bi			rthdate: DD/MM/YYYY		
1					
3					
4					
5					
6					
7					
8					
9					
10					
11					
Declaration: 1. These players are m 2. We understand and tournament.	nembers in go I agree that th	od standing w e above playe	ith Rugby Canac ers can only play		
Signature:		Prin	ted Name:		

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Laws of the Game: Truro Indoor Sevens Tournament 2018

Birth date:	Date:
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- 1. The "Laws of the Game" will prevail with the following modifications for indoor play.
- 2. A match will be played with not more than seven players on a team and not less than four players on a team. Team lists of no more than eleven players must be submitted prior to the first match. A player can be registered and can play for one team only.
- 3. Each match will last 14 minutes of playing time: two 7-minute halves. Each match will have a half-time break of no more than 1 minute.
- 4. A team not prepared to play at the scheduled time will forfeit that match.
- 5. A player must not kick the ball above the level of the lights in the building. Any such kick will result in the team being penalized at the spot from where the kick occurred.
- 6. On kick-off, the ball must be kicked from the centerline and travel at least five meters. (All kicks are to be place kicks) If the ball is kicked through the in-goal area, it will be brought back to center for a new kick-off or a scrum.
- 7. The lineout will be formed from 3 meters to 8 meters from the touchline. There will be no less than two players in a lineout and the ball cannot be thrown past the 8-meter mark or it results in a penalty.
- 8. The only method of scoring is the try for which one point will be awarded. After a try has been scored, the match will be restarted by the referee with a kick at center. A tie score at the end of a match will be broken in sudden-death overtime.
- 9. The try line will be played as the dead ball line when the ball is kicked, preventing players from diving into and through the try zone.
- 10. Final interpretation of these or any rules will be the responsibility of the referee and the tournament organizing committee.
- 11. Any player sent off during a match is out for the remainder of the tournament.